



## Workshop Sessions

*Most workshops will be offered twice. However, four of the workshops will be offered only during one session. See below for locations.*

Session I – 12:30 p.m. – 1:45 p.m.

Session II – 2:00 p.m. – 3:15 p.m.

## The following workshops will be offered only during Session I:

### **Title: Clergy Health and Wellness [Coronado T]**

**Leader: Leah Holzwarth**, Health and Wellness Manager – Wespeth Benefits and Investments

**Description:** Our physical health affects us in a myriad of ways. Wespeth's Center for Health promotes vitality in mission and ministry by improving the health and well-being of UMC clergy, lay workers, and their families. As clergy continue to demonstrate general health that is below average of the general population, annual conferences are challenged to find innovative ways to support clergy in their growth toward healthier physical well-being. Learn about ways your conference can incorporate a plan for well-being into the Eight-Year Assessment; hear about the latest survey results related to clergy health; and discuss and experience best practices and resources such as stretch breaks, deskercise, and other simple physical boosts that can be used for encouraging, engaging, and energizing clergy to move toward a healthier lifestyle.

### **Title: Theological Education as Part of the Eight-Year Assessment [Coronado S]**

**Leaders: Anne Burkholder**, Associate Dean of Methodist Studies; Professor in the Practice of Ecclesiology and Church Leadership – Candler School of Theology, Emory University and **Shannon Conklin-Miller**, Assistant General Secretary, Clergy Formation – GBHEM

**Description:** Theological education does not stop when Course of Study or Seminary is complete. Clergy must engage in theological reflection and development throughout their lives to lead effectively. Theological schools and annual conferences are afforded many opportunities for creative partnership in supporting clergy in their ongoing theological education. Explore ideas for learning and including theological education as one component of an Eight-Year Assessment plan.



## The following workshops will be offered only during Session II:

### **Title: Financial Health for Clergy – Session II Only [Coronado T]**

**Leader: Bonnie Marden, Project Manager, Lilly Endowment Grant – Clergy Financial Literacy Grant**

**Description:** Wespath, GBHEM, and the National Association of United Methodist Foundations (NAUMF) are partners in a Lilly Endowment, Inc. grant that focuses on helping clergy to become more financially literate and expert in managing finances – both in their personal lives and in their ministry settings. Throughout our lives, our financial goals shift and develop depending on life stage, work circumstances, and the goals we've established. Learn what different conferences, foundations, agencies, and resource providers are doing to support clergy as they grow in financial health, and consider how a financial component can be a part of an Eight-Year Assessment plan.

### **Title: Psychological Health – Session II Only [Coronado S]**

**Leaders: Chris Adams, Ministerial Assessment Specialist – California-Pacific Annual Conference and Associate Professor and Executive Director of the Center for Vocational Ministry – Azusa Pacific University**

**Michael P. Comer, Ministerial Assessment Specialist, UMC Ordained Elder – West Michigan Annual Conference**

**Description:** At times during mid-career evaluation psychological assessment may be helpful in helping clergy prepare for future ministry. Learn about what to expect from a mid-career psychological assessment, issues of confidentiality as related to conference-required psychological assessment, the Behavior Health Guidelines, determining when a clergy person may require assistance with mental health needs, and how the annual conference can support clergy in maintaining strong mental health.

## The following workshops will be repeated twice:

### **Title: Annual Evaluation and Goal Setting [Durango 2]**

**Leaders: Richard P. DeShon, Michigan State University**

**Meg Lassiat, Executive Director of Candidacy and Conference Relations – GBHEM**

**Sarah Ibarra-Scurr, Psychological Assessment Coordinator - GBHEM**

**Description:** Annual evaluation of clergy performance is critical for setting goals and ensuring that the clergy and church are working together to meet the mission and ministry goals of each appointment setting. Annual evaluation also plays a key role in providing information about trends in ministry performance and helping to establish future development goals. This workshop highlights the importance of annual evaluation and provides information about the research and



development of GBHEM's new evaluation and clergy development survey, the Effective Ministry 360 (EM360).

**Title: Asking the Tough Questions [Coronado R]**

**Leader: Jane Leach**, Principal, Wesley House Cambridge and Connexional Director of Supervision in the Methodist Church of Great Britain

**Description:** This workshop will explore the nature of the issues that supervising ministers find it difficult to raise with colleagues and offer an experiential opportunity to develop strategies for asking more effective questions. Participants will be invited to reflect on their own experiences in this area and to rehearse interventions using creative group supervision methods.

**Title: Clergy Ethics [Coronado Q]**

**Leader: Becky Posey Williams**, Senior Director for Sexual Ethics and Advocacy – General Commission on the Status and Role of Women (COSROW)

**Description:** As our ministry contexts become more and more complex, it's important for clergy to understand current expectations related to clergy ethics. Social media, online resources, and daily relationships must maintain a healthy sense of boundaries and expectations for clergy to maintain healthy relationships in all parts of their lives. This workshop focuses on developing a conference-wide plan for educating and training clergy regarding ethics, boundaries, and power dynamics as they pertain to relationships. Resources will also be suggested that annual conferences may use to support clergy.

**Title: Clergy Lifelong Learning [Cancun]**

**Leaders: J. Val Hastings**, President – Coaching4Clergy

**Soomee Kim**, Director of Clinical Pastoral Education – GBHEM

**HiRho Park**, Executive Director of Clergy Lifelong Learning and UMC Cyber Campus – GBHEM

**Description:** Clergy leadership development is a lifelong process and annual conferences can assist clergy in understanding a process of formation and setting developmental goals for ministry. Learn about a healthy process for lifelong learning including resources available such as the UMC Cyber Campus, coaching, and Clinical Pastoral Education (CPE).

**Title: Emotional Intelligence and Leadership Development [Durango 1]**

**Leader: Vic Maloy**, Ministerial Assessment Specialist – Virginia Annual Conference and Counselor/Coach – Virginia Institute of Pastoral Care

**Description:** In recent years, discussion about emotional intelligence has been a large factor in helping to determine the potential effectiveness of candidates and clergy. This workshop will provide an overview of what emotional intelligence is (and is not), how emotional intelligence is a factor in leadership development of clergy, and will highlight helpful resources to guide annual



conferences and clergy in developing a better understanding of emotional intelligence. Different approaches and tools that can be used to strengthen emotional intelligence will also be discussed, including: counseling, supervision, coaching, and assessments.

**Title: Intercultural Competency [Baja]**

**Leader: Kristina Gonzalez, Director of Leadership Development for an Inclusive Church – Pacific Northwest Annual Conference**

**Description:** Intercultural competency is critical to being able to serve effectively in ministry. The UMC in the United States does not adequately reflect the diversity of its mission field. Clergy must be able to relate to and incorporate people from a wide variety of backgrounds and cultures. Resources are available to assist annual conference leaders in developing intercultural skills and understanding. Learn about these resources and how intercultural competency expectations are important to the ongoing work of ministry.

**Title: Resiliency in Ministry [Coronado P]**

**Leader: Matt Bloom, University of Notre Dame, Well Being at Work Project**

**Description:** All of us face challenges throughout life and throughout our work. Resiliency is one factor in building the capacity to adapt to developing challenges and grow and change over time. Learn about different resources and activities that conferences can use in supporting and strengthening clergy's resiliency as they move through their careers.

**Title: Spiritual Health and Vitality [Acapulco]**

**Leader: Melanie Dobson, Pastor of Faith Formation, Myers Park UMC – Charlotte, NC**

**Description:** Clergy spend much of their time caring for the spiritual needs of others. To continue growing in ministry, clergy must also be intentional about their own spiritual formation. This session will focus on helping clergy develop a plan for engaging in personal spiritual formation that can sustain them across time.